



Atlantic County Area Agency on Aging (AAA)

Executive Director

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Area Planner - Roberta Cincotti

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President Senior Citizen Advisory Board

Mary Beth Lewis

**2020 Public Hearing FY 2021 presents the
OLDER AMERICANS ACT (OAA)**



OLDER AMERICANS ACT

- **OAA was Signed into Law by President Lyndon B. Johnson on July 14, 1965**
- **Part of LBJ's Great Society – Agenda which included Medicare, Medicaid.**
- **LBJ said: “The Older Americans Act clearly affirms our Nation’s sense of responsibility toward the well-being of all of our older citizens. But even more, the results of this act will help us to expand our opportunities for enriching the lives of our citizens in this country now and in the years to come.”**



OAA Structure

The OAA set up a framework for partnership among levels of government and the public and private sectors with a common goal to improve the quality of life for older Americans. Over the years, this system has continued to evolve and has grown & been strengthened

Eligibility

- **Age based for those age 60 and over.**
- **Service targeted to those in the greatest social & economic need with particular attention to minority, low income, frail & vulnerable.**
- **Not fee based but a suggested donation is requested.**
- **Targeting provides flexibility over means tested programs.**

OAA Title III Grants for States & Community Programs **on Aging**

- **The largest program under the OAA**
- **Lays out responsibilities for State Units & Area Agencies on Aging.**
- **Provides funding for most services**
- **Has most of the legislative detail**

STATE UNITS ON AGING (SUA)

- **Plan, develop, coordinate and arrange for services at local level.**
- **Divide State into Planning & Service Areas (PSAs)**
- **NJ's SUA - Division of Aging Services. There are 56 State Units on Aging and 629 Area Agencies on Aging**

SUAs CONT.

- **Oversee the AAA**
- **Funds are distributed based on funding formula – total older population & poverty population.**
- **In NJ there is an AAA in each of the 21 Counties.**

Area Agencies on Aging (AAAs)

- **Prepare, develop and carry out and administer an Area Plan Contract (APC) on Aging approved by SUA.**
- **Lead County Agency on Aging - Central Source of information.**
- **Visible focal point for advocacy, coordination, monitoring and evaluation of programs for older people.**
- **Increase the public's awareness and understanding of the Aging process-provide current knowledge.**

OAA Title III Funding

- **Title III B – Supportive Services Access, Home, Community Support**
- **Title III C 1- Congregate Nutrition**
- **Title III C 2 – Home Delivered Meals**
- **Title III D – Disease Prevention and Health Promotion**
- **Title III E – National Family Caregiver Support Program (OAA 2000)**

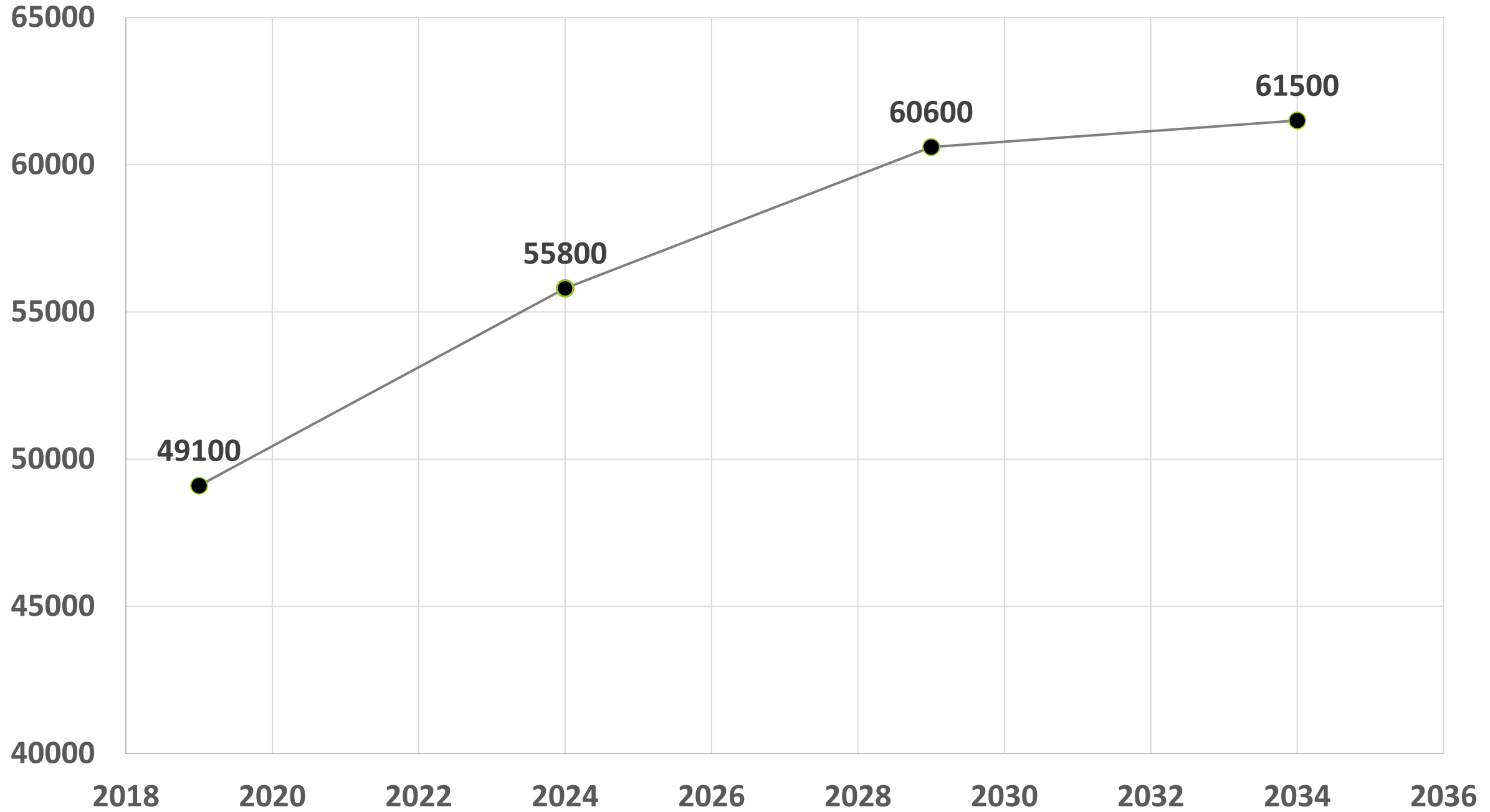
Atlantic County AAA Mission Statement

The Atlantic County Area Agency on Aging is designed to proactively advocate, develop and deliver services and resources that enhance the quality of life of older adults, their caregivers and individuals of all ages.

FACTS

- **Over the next 20 years the proportion of the U.S. population over age 60 will dramatically increase, as 77 million baby boomers reach traditional retirement age. By 2030 - in just 10 years - more than 70 million Americans will be 65 and older, twice the number in 2000 and more than 4 times the number in 1963 (17 million). At that point, older Americans will comprise nearly 20 percent of the U.S. population, representing 1 in every 5 Americans.**

65+ Population Growth 2020-2034 (+12,400 Consumers)





Through AAA Services WE

- Enable our senior population to remain living within their own homes, with improved quality of life through the provision of home & community-based services, which ultimately will assist the caregiver, as well.
- **Provide increased knowledge and awareness to older adults and their families in making informed decisions about existing Aging Network options.**
- Enable older adults, especially our baby boomers, to remain active and healthy through increased disease prevention and health promotional services.

Continued

- **Enable Caregivers to receive support assistance and education.**
- **Focus on meeting the needs of our cultural diverse senior population**
- **Provide improved overall nutrition to older adults.**
- **Provide transportation services for existing meal programs and to provide for alternate sources through transportation coordination plans.**
- **Focus on and advocate for the needs of older adults in Atlantic County.**
- **Maintain effective and responsive management**

Older American Act Funding

2020 In Review

- **NJ Allocated \$94,039,184 in Federal & State.**
- **The Atlantic County Area Agency on Aging was awarded Federal and State of \$3,954,379.00 to provide services via the Area Plan.**
- **COVID – 19 Emergency Funds: \$865,676.00**

Older American Act Funding

2020 In Review

- **Federal regulations require that the following areas be funded through the Area Plan.**
 - **Access**
 - **In-Home Support**
 - **Community Support – Must include Legal Services**

Older American Act Funding

COVID-19 - PANDEMIC

MID MARCH 2020

- **SERVICES CONTINUED**
- **PROVIDERS WERE CREATIVE**
- **VIRTUAL SERVICES**
- **TELEPHONIC SERVICES**
- **WEBEX SERVICES**
- **ZOOM SERVICES**

Information & Assistance

- **To provide specific information or assistance, which will link or allow individuals to receive services or benefits.**
- **Skilled I & A staff to assist you within a community-based setting that promotes independence and dignity;**
- **Provides easy access to information to assist you the consumer in exploring a full range of support options;**
- **Provides resources and services that support the range of needs for family caregivers.**

ACCESS
Toll Free
1-888-426-9243

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Toll Free
1-888-426-9243

■ **Outreach/Options Counseling & Care Management**

- **Staff conduct home visits;**
- **Assist with various program applications (PAAD, HEAP, Home Delivered Meals, Home Care Programs, Assisted Living, and Nursing Home Placement)**

■ **Transportation**

- **Transportation provided to any of our Senior Centers.**
- **Transportation provided for medical appointments.**

■ **Language Translation & Interpretation**

- **Teaching English as a second language**

***Home Support
Toll Free
1-888-426-9243***

■ **Telephone Reassurance**

- **Daily calls to homebound**
- **Assures well-being and safety;**
- **Provides social interaction and calming reassurance**

■ **Residential Maintenance**

- **Maintain person's health and safety in the home**
 - **Install handrails and grab bars**
 - **Replace door locks to deter crime.**
- **Minor Home Repairs**

■ **Housing Assistance**

- **Assistance to persons in locating, obtaining, or retaining suitable housing.**

*Community Support
Toll Free
1-888-426-9243*

- **National Family Caregiver Support Program**
- **Adult Social & Medical Day Care (Respite)**

Specific to those who require care in a supervised setting.

- **Structured program in safe environment**
- **Program Emphasis on physical needs & dementia with nursing component.**
- **Caregiver Companion Program**
- **Caregiver Support Groups**
 - **Respite for Caregiver**
- **Grandparents Raising Grandchildren**
 - **Respite for the Grandparent**

■ **Adult Protective Services**

➤ **Protect frail & vulnerable 18+ and older who are at risk.**

■ **Abuse Neglect Exploitation**

➤ **Mental Health Services**

➤ **Provide Support, Education & Information**

■ **Legal Assistance**

➤ **Free to those who qualify**

■ **Legal Advise,**

■ **Assistance, and/or**

■ **Representation**

➤ **Such as:**

■ **Landlord Tenant disputes**

■ **Power of Attorney/Living Wills**

■ **Domestic Matters/Consumer Fraud**

Community Support

Toll Free

1-888-426-9243

• **Adult Protective
Services**

• **Legal Assistance**

■ Physical Health

- Complete Health Assessment in clinical setting through....
 - Screening
 - Assessment
 - Treatment
- Provide Support, Advise, Information, & Referrals for continued health maintenance.

■ Physical Activity

- Goal to improve and/or maintain a person's physical health through activities.
 - Arthritic & Aerobic Swim classes
 - Chronic disease self management classes
 - Ti Chi /Floor Aerobics/Dancing

***Community Support
Toll Free***

1-888-426-9243

• **Physical Health
services** 227 individuals

• **Physical Activity**
Over 8,000 units of Service

***Community Support
Toll Free
1-888-426-9243***

■ Education

- **Structured Classes for older persons, caregivers and the Baby Boomer.**
 - **Health**
 - **Retirement & Financial Issues**
 - **Aging Process.**

■ Socialization

- **Planned Activities to provide..**
 - **Social Contact**
 - **Reduce Isolation**
 - **Improve quality of life**
 - ✓ **Such as: Arts & Crafts, Trips, Games**



***Nutrition Support
Toll Free
1-888-426-9243***

- **Congregate**
 - **Site Location shall provide a meal which contains at least 1/3 the Dietary Reference Intake (DRI).**
 - **Sites assist participants with other programs benefits.**
 - **Sites provide recreational, informational, and/or health-related programs and activities.**

- **Home Delivered Meals**
 - **Specific to those home bound, offering a meal which contains at least 1/3 the Dietary Reference Intake (DRI).**
 - **Social Contact**
 - **Reduce Isolation**
 - **Improve quality of life**

- **Nutrition Education**
- **Nutrition Counseling**
 - **Both Congregate and HDM Participants benefit from these service areas.**

OAA Agency Provides

- **Atlantic County Area Agency on Aging/Division of Intergenerational Services**
 - **1-888-426-9243 Toll Free**
 - **Information & Assistance**
 - **Outreach/Options Counseling**
 - **Care Management**
 - **Transportation**
 - **Assisted Transportation**
 - **Residential Maintenance**
 - **Adult Protective Services**
 - **Nutrition Support Programs**

OAA Agency Providers & Services

- **Absecon Community Center for Seniors – 609-645-0013**
 - **Physical Activity – Education - Socialization**

- **Active Day of Galloway – 609-652-3600**
 - **Adult Medical Day Care**
 - **Caregiver Adult Medical Day Care**

- **Atlanticare Life Center – Ornish Lifestyle Program**
609-272-6326
 - **Multifaceted healthy lifestyle program for those 60 and over recovering from a cardiac event**

OAA Agency Providers & Services

- **Bacharach Institute for Rehabilitation – 609-748-6865**
 - **Arthritic Water Program**
 - **Cardio Pulmonary Rehabilitation Phase III**
 - **Otago Falls Prevention Program**

- **Brigantine Aquatic Center – 609-266-7946**
 - **Arthritic/Aerobic Water Program**

- **Caring, Inc. – 609-484-7050**
 - **Adult Medical Day Care – Caregiver Adult Medical Day Care**
 - **Respite for the Caregiver – Caregiver Group Education**

OAA Agency Providers & Services

- **Center for Family Services 609–569-1731
(formally Family Service Association)**
 - **Grandparents Raising Grandchildren – Emergency and Respite Services**

- **Connect America (PERS) Personal Emergency Response System**
 - **Atlantic County 1-888-426-9243 to check for eligibility**

- **CONTACT Cape Atlantic - 609-823-1850**
 - **Telephone Reassurance**

- **Immigrants and Minorities Unify Services Association (IMUSA) – 609-225-8681**
 - **English as a second language**

OAA Agency Providers & Services

- **Jewish Family Services – 609-822-1108**
 - **Housing Assistance for those 60 and older**

- **Jewish Older Adult Services BERON Joas – 609-345-5555**
 - **Caregiver Adult Social Day Care**
 - **Alzheimer/Dementia Support Groups**

- **Milton & Betty Katz Jewish Community Center 609-822-1167**
 - **Computer Education**
 - **Arthritic Swim Program**
 - **Grandparents Raising Grandchildren**
 - **Live Long Live Strong Baby Boomer Wellness**
 - **Group Education Classes & Clubs**
 - **Socialization**

- **South Jersey Legal Services – 609-348-4200**
 - **Legal Advice/Outreach**

- **Stockton Center on Successful Aging (SCOSA)**
609-652-4311
 - **Older Adult Education and Socialization programs**



Atlantic County Executive
Dennis Levinson

Atlantic County Board of Freeholders
Frank D. Formica, Chairman