

Atlantic County Breastfeeding Support

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Gateway WIC

WIC is a special supplemental food and nutrition education program for **W**omen, **I**nfants, and **C**hildren. To be eligible, you must be either:

- A pregnant woman
 - A postpartum woman (up to six months after delivery)
 - A breastfeeding woman up to 1 year
 - An infant or child under 5 years of age
- And:
- Have low or moderate income
 - Be at nutritional risk



WIC provides supplemental nutritious foods, nutrition education, and breastfeeding services (breastfeeding support groups, one-on-one counseling, and a 24-hour phone line to answer breastfeeding questions). Call the WIC office nearest you for more information.

Locations

Atlantic City	139 N. Iowa Ave Atlantic City, NJ 08401	Phone: 609-246-7767
Egg Harbor City	300 Philadelphia Ave Suite B Egg Harbor City, NJ 08215	Phone: 609-593-3940
Galloway	333 E. Jimmie Leeds Road Galloway, NJ 08205	Phone: 609-382-5050

Southern NJ Perinatal Cooperative

Southern New Jersey Perinatal Cooperative offers breastfeeding support, free educational materials, and has a Board Certified Lactation Consultant (IBCLC) available to answer any questions. Call the number below for breastfeeding help.

Location

Pleasantville	605 W. California Ave. Pleasantville, NJ 08232	Phone: 609-345-6420 Website: www.snjpc.org
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3 AtlantiCare

AtlantiCare offers breastfeeding classes and lactation consultations. Topics covered in the breastfeeding classes include: latching-on, proper positioning, and establishing a milk supply. There is a small fee for the breastfeeding classes. Call the number below or visit the website to register for a class; or call the lactation consultant for breastfeeding information.

Location

Pomona	Hackberry Building 100 Hackberry Way Pomona, NJ 08240	Phone: 1-888-569-1000 Website: www.atlanticare.org/index.php/events-classes Lactation Consultant: 609-404-3837
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4 Shore Medical Center

Shore Medical Center provides breastfeeding classes, breastfeeding support groups, and private lactation consultations. Lactation consultations are available both in-person and over the phone. Call the number below if you need breastfeeding education, support, or just need breastfeeding questions answered.

Location

Somers Point	100 Medical Center Way Somers Point, NJ 08244	Shore Beginnings Phone: 609-653-3238 Website: http://shoremmedicalcenter.org
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5 La Leche League

The mission of La Leche League USA is to help mothers to breastfeed through mother-to-mother support, encouragement, information, and education. They hold monthly meetings led by an accredited La Leche League Leader. Expectant mothers, new mothers, babies, and experienced nurses are all welcome. You can also contact a La Leche League leader below to have your breastfeeding questions answered.

Location

Linwood Chapter	Linwood Library 301 Davis Ave Linwood, NJ 08221	Phone: 609-204-5067 or 609-994-4177 Meets the 3 rd Wednesday of each month from 7:00PM-9:00PM
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Atlantic County Division of Public Health
201 South Shore Road
Northfield, NJ 08225
Phone: 609-645-5933
www.atlantic-county.org



Atlantic County Executive
Dennis Levinson

Atlantic County Board of Freeholders
Amy L. Gatto, Chairwoman